

# Prevent and Detect Cancer!

**Calvert County Colorectal and Breast and  
Cervical Cancer Prevention, Education,  
Screening and Treatment Programs**



**Calvert County  
Health Department**



# Why Maryland Should Care...



- ☞ Colorectal cancer is the second leading cause of cancer death among men and women in Maryland after lung cancer
  - ☞ Breast cancer is the second leading cause of cancer death among women in Maryland after lung cancer
  - ☞ Female breast cancer mortality rates increased among blacks and decreased among whites from 2012 to 2016.

# What About Calvert County?



**Calvert is above 25% U.S. mortality rate for breast cancer**

**Calvert is no longer above 10-25% of US mortality rate for colorectal cancer**

*Also note: Calvert is 10-25% above US incidence rate for lung cancer, 2012-2016*

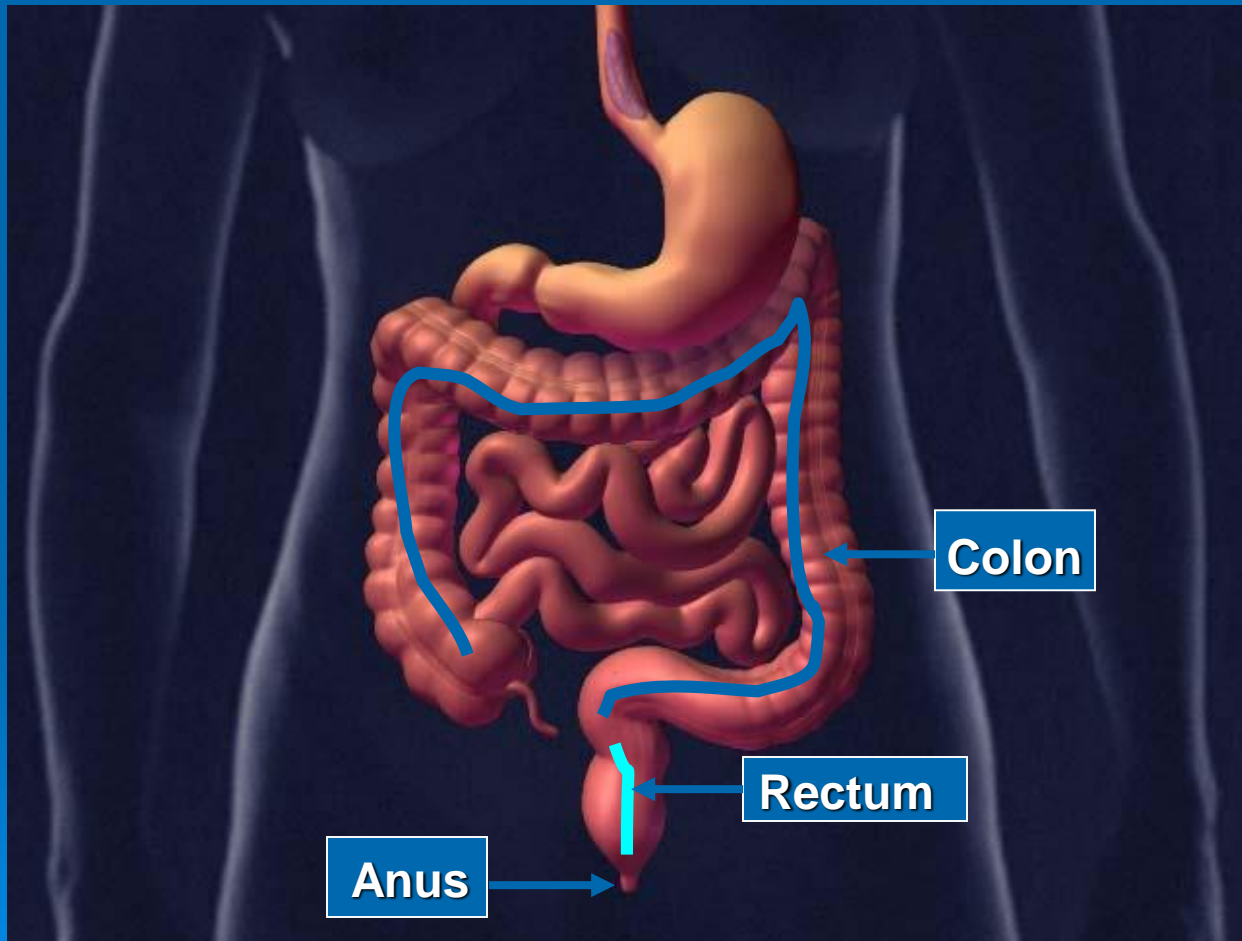
**This translates to 61 new cases for breast cancer and 41 new cases of colorectal cancer each year**

Source: MDH CRF Annual Cancer Report, 2019

National Cancer Institute, State Cancer Profiles:  
Death Rate Report for Maryland by County, 2012-2016

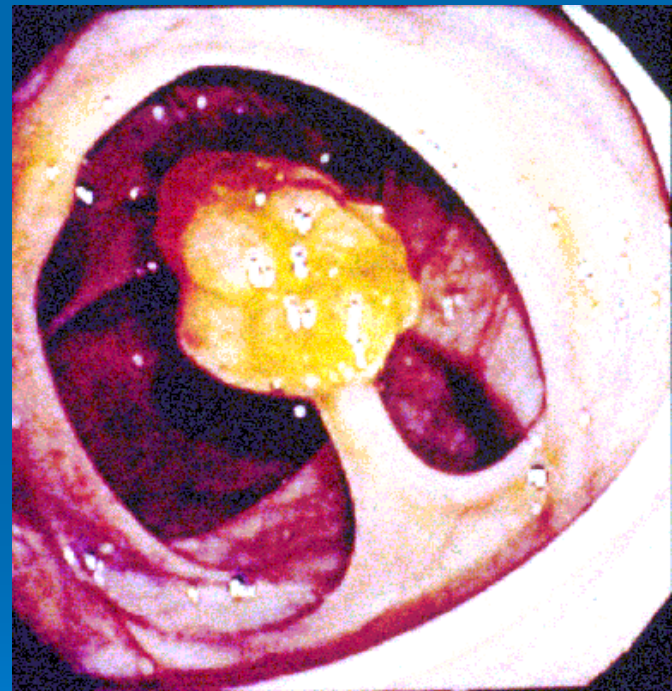
# WHAT IS COLORECTAL CANCER?

Cancer that occurs in the **colon** or **rectum**.



# How Do People Get Colorectal Cancer?

- Usually starts from a “POLYP”
- A polyp is a growth in the colon or rectum that should not be there.
- Over time, some polyps can turn into cancer.



# Who is at Risk?

- **Men or women 50 or over**
- **Personal history of colon polyps or colon, breast, uterine or ovarian cancer**
- **Family history: Parent, Sibling or Child**
- **History of Ulcerative Colitis or Crohn's Disease**

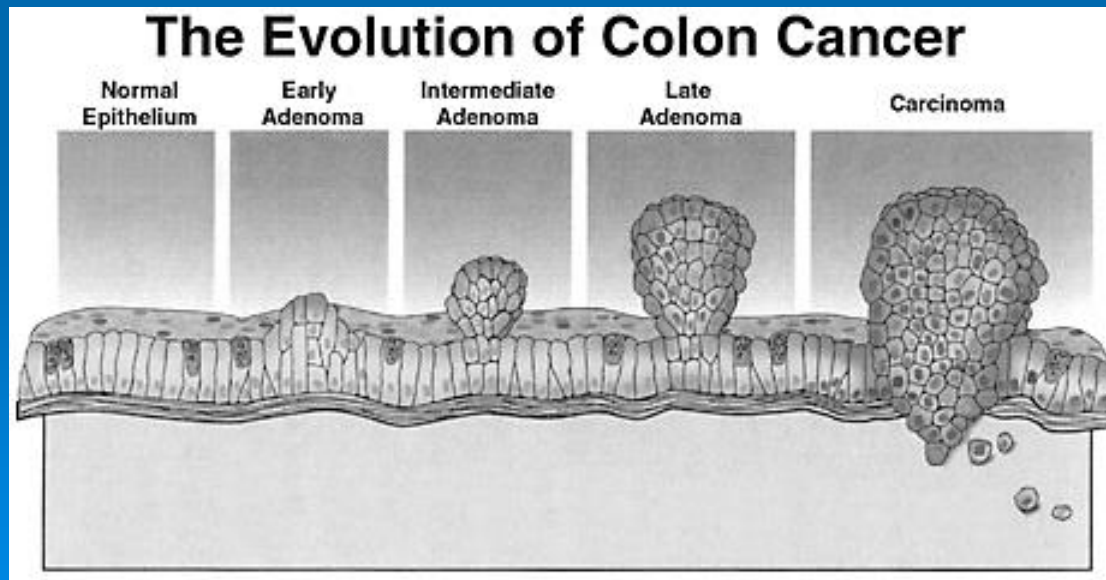
# What are the Symptoms?

- ✓ **Blood in or on your stool**
  - ✓ **Any change in bowel habits**
    - ✓ **Unexplained weight loss**
      - ✓ **“Pencil like stools”**

# WHY SCREENING IS SO IMPORTANT...

Polyps usually do NOT have any symptoms!

It can take 10 years for a polyp to grow into a cancerous tumor.

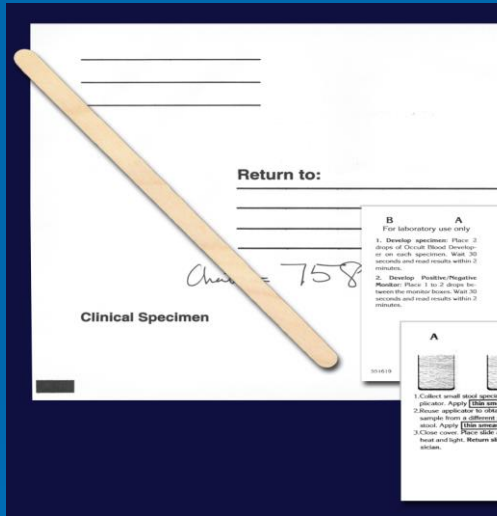




# The only method that can detect and remove precancerous polyps is the COLONOSCOPY

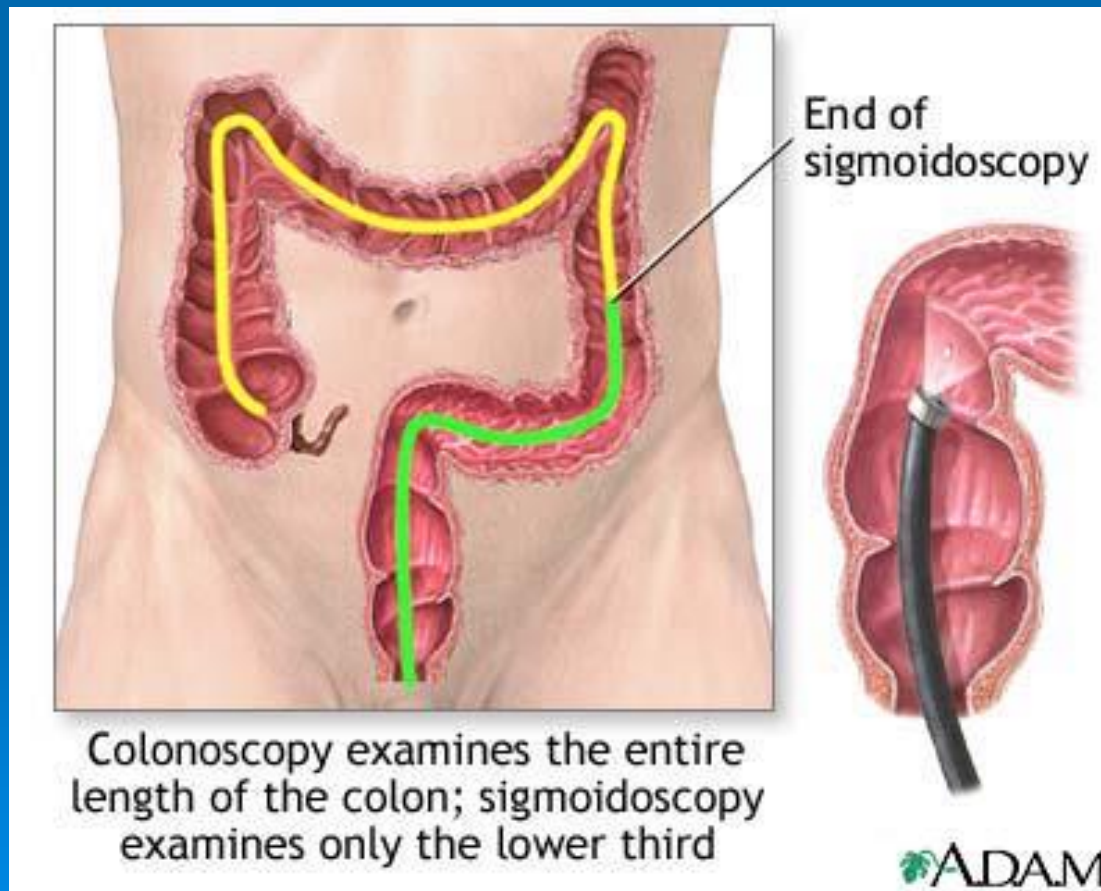
FOBT Kit

Flexible Sigmoidoscopy

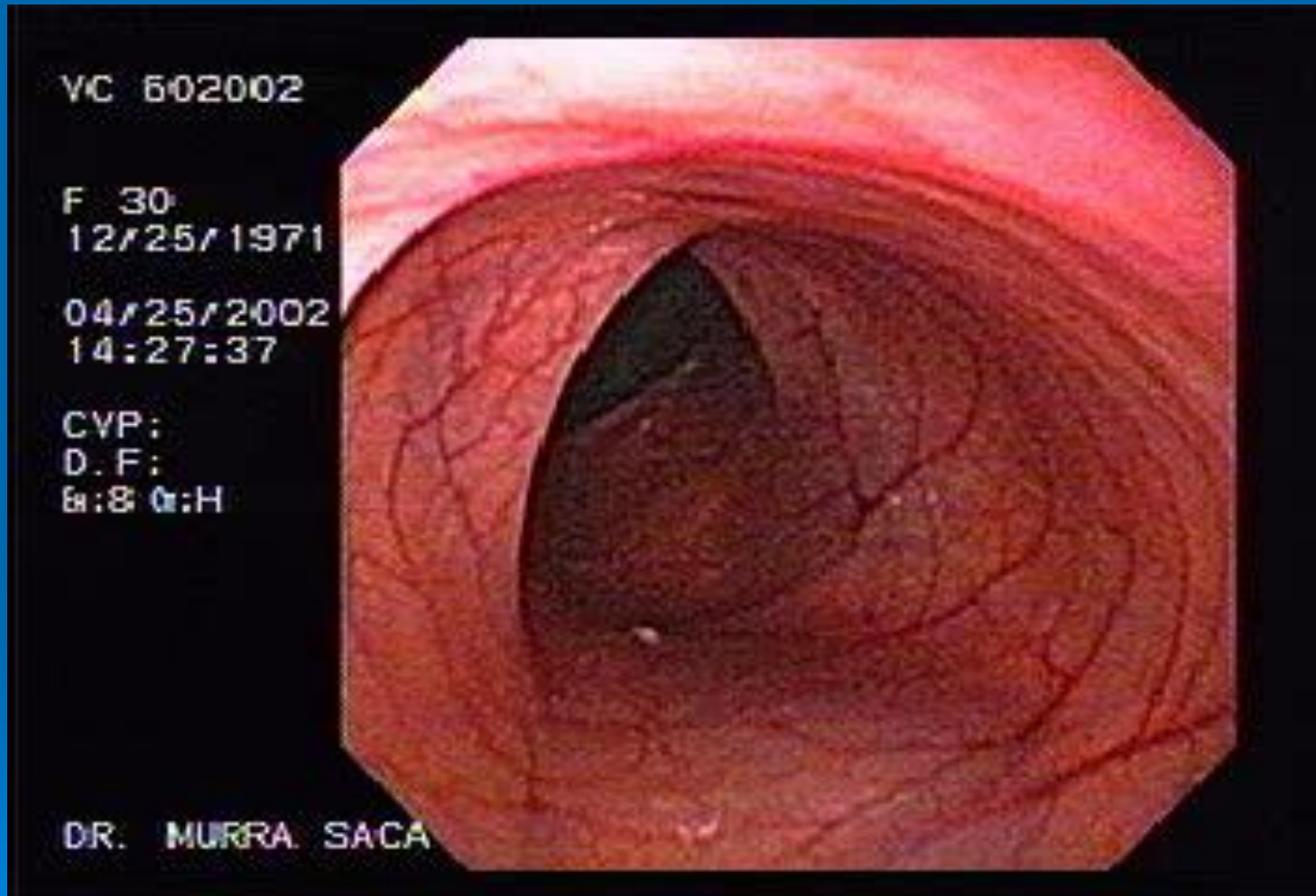


# Colonoscopy

## The “Gold Standard” for colorectal screening.



# What the Doctor Sees During a Colonoscopy



# Breast and Cervical Southern Maryland Regional Cancer Screening Program

Clinical Breast Exams  
Pap Tests  
Mammograms  
and More!



# Program Recommendations

- Clinical Breast Exams-Yearly
  - Mammograms-Yearly beginning at age 40
  - Pap Tests-Every 3 years, Every 5 years with HPV test
- (Any concern should be checked out!)

# Symptoms

- Discharge
- Dimpling
- Pain
- Lump
- Unexplained change in shape or size
- Redness, Scaliness
- Nipple Tenderness

# Program Funded Age Groups

40-64 year old women

65 y.o. and older with Medicare Part A only

Call Charles County Health Department

301-609-6843 or 301-609-6832

Para Espanol, llame a 301-609-6871

For 30-39 y.o women with symptoms, call

Calvert County Health Department at 410-535-5400 ext. 343

# Process

- Call for intake and determine eligibility (meet income and residency requirements)
- Complete program consent
- Schedule appointments
- Nurse case manager provides follow up



# What happens if I need treatment?

- Maryland Cancer Fund
- Breast and Cervical Diagnosis and Treatment Program
- Medical Assistance
- Health Connections
- Self Pay/Sliding Fee Scale

# Who Is Eligible?

Those with no insurance or insurance with high copays and deductibles including Medicare Part B

## Breast and Cervical-Medicare Part A only

<b>FAMILY SIZE</b>	<b><u>ANNUAL INCOME GUIDELINES</u></b>
1	<b>\$31,900</b>
2	<b>\$43,100</b>
3	<b>\$54,300</b>
4	<b>\$65,500</b>
5	<b>\$76,700</b>
6	<b>\$87,900</b>
7	<b>\$99,100</b>
8	<b>\$110,300</b>
<b>Each additional person \$11,200 (2020)</b>	

# Calvert County Cancer Screening Programs

Let's work together to save our family and friends from these diseases!



✓ Refer people to the program!

410-535-5400 ext. 343